

# Southern Miss Percussion Studio

## Mallet Keyboard Proficiencies

### Mallets - Level 1

Peters - Fund. Method for Mallets

Goldenberg - Modern School

Aebersold - Gettin' it Together, Vol. 21

1. Two mallet's Grip  
Major Scales & Major 7s chords  
Peters 1: Pag. 18-20 & Pag. 23-25
2. Two Mallets Roll  
Peters 1: Pag. 26-33 & Pag. 34-35  
Goldenberg: Pag 7-8 Pag. 13-14
3. Xylophone Fundamentals  
Whole tone Scale / Dom. 7 #5  
Peters 1: Pag. 36-40
4. Four Mallet's Grip  
Peters 1: Pag. 41-45  
Goldenberg Etude I-II
5. Blues Scales / Dominant 7s  
Green Lesson 1: Ex. 9, 11, 12; 1R, 2R, 3R,  
Peters 1: Pag. 46-50
6. Mixolydian Scales / Dominant 9s  
Peters 1: Pag. 51-55
7. Dorian Scales / Minor 7s  
Green Lesson 2: Ex. 3, 4, 7, 8, 10, 11; 1R, 2R,  
3R, 5R  
Goldenberg Etude V
8. Chromatic Scales  
Peters 1: Pag. 56-59  
Goldenberg: Pag: 24-26
9. Melodic Minor Scales / Minor Major 7s  
Peters 1: Pag 60-65  
Green Lesson 3: Ex. 5, 6, 7, 11, 13, 15; 1R, 2R,  
3R, 4R.
10. Double Stops  
Peters 1: Pag 69-73  
Peters 2: 17-20  
Goldenberg: Pag 30-31 Pag. 49-55
11. Diminished scales (whole/half)/ Dim. 7  
Peters 1: Pag 74-78  
Green Lesson 4: Ex. 3, 5, 6, 8; 1R, 3R, 4R, 5R.
12. Diminished scales (half/whole) / Dominant 7  
b9. Peters 1: 79-81 Goldenberg Etude VII

### Mallets Level - 2

G.H. Green - Instr. Course for Xyl.

L.H. Stevens - Method of Movement

1. Peters 1: Pag 82-86  
Four Mallets: Double Vertical: Stevens: Pag. 55  
Peters 1: Pag. 117
2. Green Lesson 5: 1R, 2R, 3R, 5R.  
Four Mallets: Stevens: Pag. 56  
Peters 1: Pag. 118
3. Peters 1: Pag 87-90  
Green Lesson 7: Ex. 3, 5, 6, 8, 9; 2R, 3R, 4R.
4. Peters 1: Pag 91-95  
Four Mallets: Single Alternating: Stevens: Pag.  
47  
Peters 1: Pag. 141-142
5. Peters 1: Pag 96-100  
Four Mallets: Stevens: Pag. 48  
Green Lesson 10 Ex. 1R
6. Peters 1: Pag. 143-144  
Four Mallets: Stevens: Pag. 49  
Peters 1: Pag. 145-146
7. Peters 1: Pag 101-105  
Four Mallets: Single Independent Stevens: Pag.  
40  
Peters 1: Pag. 138
8. Peters 1: Pag 106-109  
Four Mallets: Stevens: Pag. 41  
Peters 1: Pag. 139
9. Green Lesson 11: Ex. 1R, 2R, 3R.  
Four Mallets: Stevens: Pag. 43  
Peters 1: Pag. 140
10. Peters 1: Pag 110-113  
Four Mallets: Double Lateral Stevens: Pag. 65-  
66  
Green Lesson 12: R1
11. Peters 2: Pag 9- 13  
Green Lesson 14: Ex. 1R & 2R.  
Four Mallets: Stevens: Pag. 67
12. Peters 2: Pag 21-28  
Green Lesson 15: Ex. 1, 2, 3, 4, 6, 7.  
Four Mallets: Stevens: Pag. 68-69.

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## Mallet Keyboard Proficiencies

### Mallets Level - 3

Goldenberg - Modern School  
Peters - Fund. Method for Mallets  
Stevens - Method of Movement

1. Green Lesson 17: Ex. 1R & 2R  
Four Mallets: Double Vertical Stevens: Pag. 60-61  
Peters 1: Pag. 125-126
2. Peters 1: Pag. 127  
Green Lesson 16: Ex. 1R & 2R.  
Four Mallets: Stevens: Pag. 62-63
3. Green Lesson 23: Ex. Pag. 74  
Four Mallets: Single Alternating Stevens: Pag. 53  
Peters 2: Pag. 154-155
4. Peters 2: Pag 29-34  
Four Mallets: Stevens: Pag. 54 Peters 2: Pag. 156-157
5. Peters 2: Pag 35-41  
Four Mallets: Single Independent Stevens: Pag. 45 Peters 2: Pag. 151
6. Peters 2: Pag 42-48  
Four Mallets: Stevens: Pag. 46 Peters 2: Pag. 152
7. Peters 2: Pag 52-58  
Green Lesson 25: Ex. Pag 79-80.
8. Green Lesson 30: Ex. Pag 94 y 95 (1R, 3R, 6R).  
Four Mallets: Double Lateral: Stevens: Pag. 70-72
9. Peters 2: Pag 59-67  
Green Lesson 37: Ex. Pag 114.  
Four Mallets: Stevens: Pag. 73-74
10. Peters 2: Pag 68-74  
Four Mallets: Roll Peters 2: Pag. 173-174  
Four Mallets: Peters 2: Pag. 175-177
11. Peters 2: Pag 79-86  
Four Mallets: Roll Peters 2: Pag. 178-181
12. Peters 2: Pag 95-101  
Four Mallets: Peters 2: Pag. 182-1185

### Mallets Level - 4

David Friedman, Mallet Dampening  
Arthur Lipner, Vibraphone Etudes

1. Friedman Dampening: Etude 1-4 \*Marimba Etude #1
2. Friedman Dampening: Etude 7 \*Marimba Etude #1
3. Friedman Dampening: Etude 8 \*Marimba Etude #1
4. Friedman Dampening: Etude 11 \*Marimba Etude #2
5. Friedman Pedaling: Etude 14 \*Marimba Etude #2
6. Friedman Pedaling: Etude 17 \*Marimba Etude #2
7. Friedman Pedaling: Etude 18 \*Marimba Etude #3
8. Friedman Pedaling: Etude 21 \*Marimba Etude #3
9. Arthur Lipner Etude 2: Ur \*Marimba Etude #3
10. Arthur Lipner Etude 6: Back Porch Swing Review Juries
11. Arthur Lipner Etude 7: S'a Mambo Review Juries
12. Arthur Lipner Etude 12: Marigolds Review Juries

\*Marimba Etudes to be taken from:

"Wood Impressions" Davila

"7 Brazilian Children Songs" Rosauro

"Funny Mallets" Zivcovic

Or similar etudes chosen by the instructor.

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## Mallet Keyboard Proficiencies

### Mallets Level 5 (Jazz)

Jon Metzger, The Art and Language of Jazz Vibes

Jamey Abersold, Maiden Voyage

1. Metzger, Chapter 4 (A-N) "Impressions"
2. Metzger, Chapter 4 (O)  
"Cantalope Island"
3. Metzger, Chapter 5 (Blues Scale)  
"Bb Blues"
4. Metzger, Chapter 6  
"F Blues"
5. Metzger, Chapter 7  
"Solar Flair"
6. Metzger, Chapter 7  
"Watermelon Man"
7. Metzger, Chapter 8  
"Song for My Father"
8. Metzger, Chapter 9  
"Summertime"
9. Metzger, Chapter 10  
Satin Doll
10. Metzger, Chapter 11 & 12  
"Autumn Leaves"
11. Metzger, Chapter 13  
Review Jury
12. Metzger, Chapter 13  
Review Jury

### Mallets Level - 6 (Jazz)

Abersold, Maiden Voyage

1. Review Level 3  
"Cha Cha Mi Gata"
2. Metzger, Chapter 14  
Transcription #1
3. Metzger, Chapter 14  
Transcription #1
4. Metzger, Chapter 15  
"Bossa Deliciosa"
5. Metzger, Chapter 16  
Transcription #2
6. Metzger, Chapter 16  
Transcription #2
7. Metzger, Chapter 16  
All the Things You Are
8. Metzger, Chapter 17  
All the Things You Are
9. Metzger, Chapter 17  
Transcription #3
10. Metzger, Chapter 18  
Transcription #3
11. Metzger, Chapter 19  
"Night in Tunisia"
12. Review or make up  
"Night in Tunisia"

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## Mallet Keyboard Proficiencies

### Mallets Level - 7 (Jazz)

1. Metzger, Chapter 19  
Standard
2. Metzger, Chapter 20  
Standard
3. Metzger, Chapter 20  
Standard
4. Metzger, Chapter 21  
Standard
5. Metzger, Chapter 21  
Standard
6. Metzger, Chapter 24  
Standard
7. Metzger, Chapter 25  
Standard
8. Metzger, Chapter 26 and 27  
Standard
9. Metzger, Chapter 29  
Standard
10. Metzger, Chapter 30  
Standard
11. Metzger, Chapter 31  
Standard
12. Review

### Mallets Level - 5 (Classical)

Stevens - Method of Movement  
Chorales and Guitar Studies

1. Chorale 1, Stevens, ex. 327, 328
2. Guitar 1, ex. 329, 330
3. Chorale 2, Stevens, ex. 429
4. Guitar 2  
Stevens, ex. 430
5. Chorale 3  
Stevens, ex. 430
6. Guitar 3  
Stevens, ex. 203
7. Chorale 4  
Stevens, ex. 200
8. Guitar 4  
Stevens, ex. 275, 276
9. Chorale 5  
Stevens, ex. 432 - 435
10. Guitar 5  
Stevens, ex. 436 - 439
11. Chorale 6  
Stevens, ex. 478, 479
12. Guitar 6  
Stevens, ex. 502 - 505

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## Mallet Keyboard Proficiencies

### Mallets Level - 6 (Classical)

W. Green - Instruction Course for Xyl.

Goldenberg - Modern School for Xyl. - Excerpts

3 Keyboard Solo Pieces (Level 5 or higher)

1. The Magic Flute - Bells  
Green - Lesson 39  
Choose Piece #1
2. The Magic Flute - Bells  
Green - Lesson 39  
Piece #1
3. Petrouchka - Bells  
Green - Lesson 44  
Piece #1
4. Petrouchka - Bells  
Green - Lesson 44  
Perform Piece #1
5. Colas Breugnon - Xylophone  
Green - Lesson 45  
Choose Piece #2
6. Colas Breugnon - Xylophone  
Green - Lesson 45  
Piece #2
7. Shostakovich Sym. #7 - Xyl.  
Green - Lesson 48  
Piece #2
8. Shostakovich Sym. #7 - Xyl.  
Green - Lesson 48  
Perform Piece #2
9. Sythian Suite - Xylophone  
Green - Lesson 49  
Choose Piece #3
10. Sythian Suite - Xylophone  
Green - Lesson 49  
Piece #3
11. Porgy and Bess - Xyl.  
Green - Lesson 50  
Piece #3
12. Porgy and Bess - Xyl.  
Green - Lesson 50  
Perform Piece #3